

Riverwood Center (Berrien)

Niles 684-4270
Medicaid and sliding scale
www.riverwoodcenter.org

Woodlands Behavioral Health (Cass)

Cassopolis (269) 445-2451
Medicaid and sliding scale
www.woodlandsbhn.org

Haelan Counseling Center

Niles 683-8972
Some Medicaid and reduced fees

Southwestern Medical Clinic

Counseling & Psych. Services
Niles & Buchanan (269) 429-7727
Some Medicaid
www.lakelandhealth.org/swmc

Niles Community Health Center

Medical care & Counseling:
(269) 262-4749
Dental: (269) 262-4364
www.cassfamilyclinic.org

Andrews University

Berrien Springs (269) 471-6238
Free Counseling from graduate
students under faculty supervision
www.andrews.edu/counseling

Midwest Recovery & Wellness

Niles (269) 262-1815
www.midwestrecoveryandwellness.com

Berrien County Health Dept.

Shepard House Counseling

Cassopolis (269) 445-0999
Some Medicaid
www.shepardhousecounseling.com

Northstar Center

St. Joseph (269) 982-7844
Psychiatric services
Some Medicaid and sliding scale
www.northstarcenter.org

Freedom Counseling Center

St. Joseph (269) 982-7200
Some Medicaid and sliding scale
www.freedomcounselingusa.com

M Longley Counseling & Consulting

Niles 687-5050
Some Medicaid and sliding scale
www.mlongleycounseling.com

Psychology Associates

Mishawaka (574) 254-1700
St. Joseph (269) 983-4751
Private insurance

Center(ed) on Wellness

Niles 683-7604
Some Medicaid and sliding scale
www.centeredonwellness.info

Gryphon Place

(269) 381- HELP (4357)
Kalamazoo - 24 hour help line for anyone in
crisis & conflict
www.gryphon.org

Safe Shelter

National Suicide Prevention Lifeline

(800) 273-8255
24/7 free and confidential support
www.suicidepreventionlifeline.org
Text BRAVE to 741-741

OK2SAY

(855) 565-2729/ text 652729
Confidentially report harmful/threatening
student behavior
www.ok2say.com

Depression & Bipolar Support Alliance

(800) 826-3632
Support group & education
www.dbsalliance.org

The ARK Shelter

Kalamazoo (800) 873-8336
Up to a 3 week voluntary stay
& counseling for youth in crisis

Sonya Ansari Center for Autism

South Bend (574) 289-4831
Assists those with Autism Spectrum
Disorders and their families with support
information, resources and services.
www.ansaricenterforautism.org

The Out Center

(269) 925-8330
Provides support and advocacy for LGBTQ
persons and their families in Berrien Cnt.
www.outcenter.org

Lory's Place

St. Joseph, MI (800) 717-3812
Free support services for grief
www.lorysplace.org

Niles Community Schools

Niles 684-2800
Shots, substance abuse, WIC

Van Buren & Cass Health Dept.
Cassopolis/Dowagiac 782-0064
Medical, dental, substance abuse

Department of Human Services
Benton Harbor (269) 934-2000
Medicaid, Healthy Kids, MICHild,
food, child support, utilities
www.michigan.gov/mdhhs

Disability Network, SWMI
(269) 985-0111
Resources for those with physical,
cognitive or emotional disabilities
www.dnswm.org

My Way There
www.mywaythere.org
Helps people find transportation
around Southwest Michigan

Michigan Works!
(269) 927-1799
Provides training, educational and
career services to youth & adults
www.michiganworks.org

Child & Adult Protective Services
1-855-444-3911
To report suspected abuse or neglect
of a child or adult

St. Mary's Christian Service Center
684-0637
Assists with food and prescriptions

(269) 925-9500
Serves women & children who are
victims of domestic violence

Intercare Community Health Network
1-855-869-6900
Provides medical, dental, mental health
Medicaid and sliding scale
www.intercare.org

Southwest MI Community Action Agency
(269) 925-9077
Emergency food, utility and temporary
housing assistance
www.smcaa.com

Feed America West Michigan
www.feedwm.org/findfood
Mobile food pantries

Salvation Army of Niles
684-2660
Assists with food, clothing, medicine,
rent, housing, furniture, utilities

Neighbor to Neighbor
(269) 471-7411/ Tues. - Thurs.
Assists with food, clothing, household items
www.n2nhelps.com

Emergency Shelter Services
(269) 925-1131
Serves low income and homeless women and
children



Community Resources

United Way 2-1-1
211 or 1-800-310-5454
Free and confidential community helpline
available 24 hours a day, 7 days a week
www.mi211.org

Parent Net
www.berriencountyparentnet.org
Helps connect parents to Berrien
County resources

Ferry Street Resource Center
687-9860; M & W: 10-3, T 10-1
Assists with emergency relief, DHS
issues, employment, other referrals
www.ferrystreet.org

Partnership for Prescription Assistance
www.pparx.org
Helps find medicine assistance
programs for those without coverage

Sight for Students
vspglobal.com
Provides certificates for eye care and
glasses to low-income, uninsured children