

Curriculum Map for: Ring Lardner 7th Grade P.E.

Technology	Essential Questions Standards/GLCE's	Content	Skills	Assessments	
September	1)Use of proper fitness techniques 2)Team cooperation 3)Rules of the activity 4)Leadership 5)Sportsmanship	Physical Fitness Relays and Agilities Ultimate Frisbee Endurance Run Dodgeball Key Ideas and Details #2 Text types and purposes E	Running, agility drills Catching, Throwing, Frisbee, & balls Sit-ups, Push-ups, Stretching Read and article on each unit in Physical Education explain the unit using paragraph form	Attendance, Participation, and Behavior, Unit Tests 10 points per day 100 point unit test Answers questions pertaining to article have an opening, middle (content) and a concluding statement	Stop watch wireless scoreboard Pennies light plastic balls Laptop for grade and attendance
October	1)Use of proper fitness techniques 2)Team cooperation 3)Rules of the activity 4)Leadership 5)Sportsmanship	Physical Fitness Disc Golf Softball Vortex Ball Kick Ball Dodgeball Key Ideas and Details #2 Text types and purposes E	Running, Catching, Throwing, Hitting balls, throwing a disc for accuracy Sit-ups, Push-ups, Stretching Read and article on each unit in Physical Education explain the unit using paragraph form	Attendance, Participation, and Behavior, Unit Tests 10 points per day 100 point unit test Answers questions pertaining to article have an opening, middle (content) and a concluding statement	Stop Watch Wireless Score Board Portable Disc Golf Goals Pennies Laptop for grade and attendance
November	1)Use of proper fitness techniques 2)Team cooperation 3)Rules of the activity 4)Leadership 5)Sportsmanship	Physical Fitness Dodgeball Basketball Weight Room Dodgeball Key Ideas and Details #2 Text types and purposes E	Running, Catching, Throwing, Shooting, Dribbling, Sit-ups, Push-ups, Stretching Lifting Techniques Read and article on each unit in Physical Education explain the unit using paragraph form	Attendance, Participation, and Behavior, Unit Tests 10 points per day 100 point unit test Answers questions pertaining to article have an opening, middle (content) and a concluding statement	Stop Watch Score Board Pennies Weight Machines Laptop for grade and attendance
December	1)Use of proper fitness techniques 2)Team cooperation 3)Rules of the activity 4)Leadership 5)Sportsmanship	Physical Fitness Volleyball Presidents Physical Fitness Test Dodgeball Key Ideas and Details #2	Running, Catching, Throwing,, Serving, Setting, Bumping,, Sit-ups, Push-ups, Stretching, Lifting Techniques Read and article on each unit in Physical Education	Attendance, Participation, and Behavior, Unit Tests 10 points per day 100 point unit test Answers questions pertaining to article	Score Board Weight Machines Pennies Laptop for grade and attendance

		Text types and purposes E	explain the unit using paragraph form	have an opening, middle (content) and a concluding statement	
January	1)Use of proper fitness techniques 2)Team cooperation 3)Rules of the activity 4)Leadership 5)Sportsmanship	Physical Fitness Relay and agility races Basketball Dodgeball Key Ideas and Details #2 Text types and purposes E	Running, Passing, Shooting, Scoring Sit-ups, Push-ups, Stretching, Read and article on each unit in Physical Education explain the unit using paragraph form	Attendance, Participation, and Behavior, Unit Tests 10 points per day 100 point unit test Answers questions pertaining to article have an opening, middle (content) and a concluding statement	Score Board Weight Machines Pennies Laptop for grade and attendance
February	1)Use of proper fitness techniques 2)Team cooperation 3)Rules of the activity 4)Leadership 5)Sportsmanship	Physical Fitness Volleyball Hockey Dodgeball Key Ideas and Details #2 Text types and purposes E	Running, Passing, Shooting, Sets, Sit-ups, Push-ups, Stretching, Read and article on each unit in Physical Education explain the unit using paragraph form	Attendance, Participation, and Behavior, Unit Tests 10 points per day 100 point unit test Answers questions pertaining to article have an opening, middle (content) and a concluding statement	Score Board Weight Machines Pennies Laptop for grade and attendance
March	1)Use of proper fitness techniques 2)Team cooperation 3)Rules of the activity 4)Leadership 5)Sportsmanship	Physical Fitness Weight Training Presidents Physical Fitness Test Key Ideas and Details #2 Text types and purposes E	Running, Proper Lifting Techniques Sit-ups, Push-ups, Stretching Read and article on each unit in Physical Education explain the unit using paragraph form	Attendance, Participation, and Behavior, Unit Tests 10 points per day 100 point unit test Answers questions pertaining to article have an opening, middle (content) and a concluding statement	Score Board Weight Machines Pennies Laptop for grade and attendance
April	1)Use of proper fitness techniques 2)Team cooperation 3)Rules of the activity 4)Leadership 5)Sportsmanship	Physical Fitness Ultimate Frisbee Endurance Run Key Ideas and Details #2 Text types and purposes E	Running, Passing, Shooting, Sit-ups, Push-ups, Stretching Read and article on each unit in Physical Education explain the unit using paragraph form	Attendance, Participation, and Behavior, Unit Tests 10 points per day 100 point unit test Answers questions pertaining to article have an opening, middle (content) and a	Stop Watch Pennies Laptop for grade and attendance

				concluding statement	
May	<p>1)Use of proper fitness techniques</p> <p>2)Team cooperation</p> <p>3)Rules of the activity</p> <p>4)Leadership</p> <p>5)Sportsmanship</p>	<p>Physical Fitness</p> <p>Disc Golf</p> <p>Softball, kickball, vortex ball,mat ball</p> <p>Key Ideas and Details #2</p> <p>Text types and purposes E</p>	<p>Running, Passing, Shooting, hitting and accuracy,</p> <p>Sit-ups, Push-ups, Stretching</p> <p>Read and article on each unit in Physical Education</p> <p>explain the unit using paragraph form</p>	<p>Attendance, Participation, and Behavior, Unit Tests</p> <p>10 points per day</p> <p>100 point unit test</p> <p>Answers questions pertaining to article</p> <p>have an opening, middle (content) and a concluding statement</p>	<p>Stop Watch</p> <p>Pennies</p> <p>Laptop for grade and attendance</p>
June					